



### New Client Intake Form FST

Name: \_\_\_\_\_ Referred By: \_\_\_\_\_

Address: \_\_\_\_\_ Phone – Work: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_ Phone – Home: \_\_\_\_\_

Birthday: \_\_\_\_\_ Mobile: \_\_\_\_\_

Occupation: \_\_\_\_\_ E-Mail: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

**General Information:**

**What is your main reason for coming to therapy?**

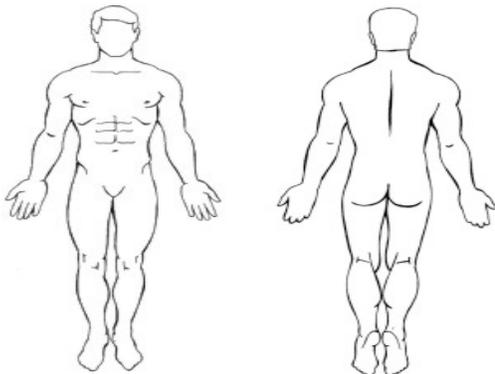
\_\_\_\_\_  
**What specific goals would you like to achieve from therapy?**

\_\_\_\_\_  
**How and when did the symptoms begin?**

\_\_\_\_\_  
**How long have you had these symptoms?**

\_\_\_\_\_  
**Are you currently, or have you ever been, under medical supervision for this problem? Y/ N**

\_\_\_\_\_  
**Where are your symptoms located? Please mark the areas on the figures below:**



**Comments:**

\_\_\_\_\_  
**Have you had any tests for this problem; such as x-rays, MRI or CT scans? Y/N**

\_\_\_\_\_  
**Describe the symptoms. Please check all that apply:**

- Dull
- Ache
- Burning
- Sharp
- Periodic
- Constant
- Sore
- Stiff
- Numb
- Tingling



On a scale of 0 to 10 with 10 being the most severe imaginable discomfort, what is your discomfort level right now?

What makes it better or worse?

What time of day is the pain worse?

What percentage of your day is spent sitting? \_\_\_\_\_, standing? \_\_\_\_\_, driving? \_\_\_\_\_

Are your symptoms worse at the end of the workday? Y / N \_\_\_\_\_

How would you rate your own posture? Poor Fair Good Excellent

**Medical History**

Please list any recent injuries, illnesses, or surgeries:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Have you had any accidents, auto or other? \_\_\_\_\_

Have you ever had any major surgeries? \_\_\_\_\_

Scoliosis \_\_\_\_\_ Arthritis \_\_\_\_\_ Sciatica \_\_\_\_\_

The above information is accurate and true to the best of my knowledge. If there are any changes in my current level of health, I will inform the person here that I'm seeing of my condition. I understand that this office does not diagnose or treat illness or disease and does not prescribe medications. I agree to pay my account with this office in accordance with the regular rates and payment terms. If, for any reason cancellation is necessary, I will give a 24-hour notice. I understand that if I do not give this notice, I will be charged for the appointment unless it can be filled. It is agreed that any claim of liability is hereby waived.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date